## Which acts of kindness are different parts of the UK more likely to have done?

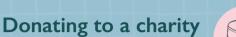
92% of those surveyed said they'd done an act of kindness over the past 12 months. This map shows an act each place

is more likely to have done.

Keeping in touch with friends or family via text, video chat or cards



Showing support for key workers





Donating to a food bank

Helping neighbours



Helping strangers



Volunteering



Making/baking for a doorstep drop

Offering skills for free



Organising a virtual street party







## Which random act of kindness would be appreciated more in different parts of the UK?

99% of those surveyed said they'd appreciate a random act of kindness on February I7th.This map shows the act different places would

Getting an unexpected delivery



An unexpected phone call or text to check in on you



Being given a compliment



A delicious meal dropped to your doorstep



Someone collecting something for you (e.g. shopping, prescription)



Being made a cup of tea



Arranging a video call with your friends

Being tagged in a social media post that would interest you



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