⊶COOK-

CHRISTMAS DINNER FOR 2

VEGAN DINNER

- Butternut Squash Nut Roast Stacks (Ix2ptn)
- Marmalade Carrots
 & Parsnips (1x2ptn)
- Roast Potatoes (1x2ptn)
- Trio of Greens (1x2ptn)
- Winter Vegetable Gravy



CHRISTMAS DAY

Below are the timings to have lunch ready by 2pm. Total cooking time: 1 hour.

You will need: I small baking tray; 2 medium baking trays; 2 saucepans; vegetable or rapeseed oil for the Roast Potatoes; a little baking parchment for the stacks to cook on.

> Remember: a full oven affects cooking times, so the timings on this card aren't identical to those on the packaging of each of the dishes.

| lpm | • Fire up your oven to 190°C / 170°C fan / Gas 5 and pre heat. |
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| | • Take the Winter Vegetable Gravy, Trio of Greens, Marmalade Carrots & Parsnips, and Roast Potatoes out of the freezer and leave on the side, ready for cooking later. |
| 1.20pm | Place the frozen Butternut Squash Nut Roast Stacks on a little baking parchment on a small baking tray and put it on the bottom shelf of the oven. |
| | Drizzle some oil onto a roasting tray for your Roast Potatoes and pop it on the top shelf of the oven to heat for a couple of minutes. Once hot, add the Roast Potatoes and return it to the top shelf. |
| I.40pm | Empty the Marmalade Carrots and Parsnips onto a baking tray and place them on the middle shelf of the oven. |
| I.50pm | Separate and toss the carrots and parsnips, turn the potatoes and return to their oven shelves. |
| | • Empty the Winter Vegetable Gravy into a saucepan and heat gently on the hob until piping hot. Or, if you like, microwave as per the instructions on the pack. |
| | • The Trio of Greens can be microwaved too, or you can put them in a saucepan with a splash of water and cook over a low heat, stirring occasionally until piping hot. |
| | Heat your dinner plates in the microwave. |
| 2pm | Remove everything from the oven, ensure it is all piping hot. If you prefer your veg a little crispier, you can leave it for an extra 5 to 10 minutes – don't worry, everything will stay warm. Dinner is served! |
| | Your oven may have its own quirks, so these cooking times are a guide. Keep an eye on it and check everything's piping hot before serving. |